

# Diagnostic and allergy testing

Brian Dodds

- \* Diagnostic and Allergy testing
- \* Colonic Cleansing Programs
- \* Cellular Memory Repatterning
- \* DNA Reprogramming
- \* Japanese Massage

**Health Consultant**

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**Brian Dodds**

- \* Diagnostic/Allergy Testing  
Through saliva sample.
- \* Japanese Massage.
- \* Colonic Cleansing Systems

# Saliva Tests

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Takaka, Golden Bay  
New Zealand  
Tel/Fax: 64 3 525 9904

Authorized Distributor: Colema Boards of California

E-mail [doddsbr@nmb.quik.co.nz](mailto:doddsbr@nmb.quik.co.nz)

*To assist you making a decision concerning the taking of a Saliva Test I would like to mention a few points for consideration. The first is that most of the problems encountered in these tests seldom show up on ordinary laboratory tests except when the problem has become very acute. In this way they could be seen as an early warning system telling you of what may lie ahead if you don't correct it in the early stages. Hopefully then, it will encourage a change of attitude towards a more preventative approach to health, rather than the well established curative approach prevalent in the world today.*

*The second point to consider is that all treatments and supplements suggested, attempt to bring about a natural correction of the problems. In taking this approach it needs to be understood that progress usually takes longer than the conventional drug approach, which tends to address the symptoms only. Having said that though, quite often dramatic results are encountered with a single body function being corrected or an allergic food being removed from the diet.*

*You may soon notice from the test results that to correct everything would involve quite a large change in life style, not to mention cultural eating habits and social structure.*

*Therefore to help you choose your level of action, the intensity of the conditions tested are graded on a scale of 100 down to zero. The lower the number the greater the intensity. In this way a person can choose to what degree he or she is willing to work so as to bring about a return health. Basically the more you do the more results you get.*

*It is hard to give an exact correlation with normal hospital tests but in general it could be said that results of around 60 or lower are likely to show up under the conventional system.*

*Another thing to mention at this point is that often after several functions in the body have returned to normal the person will have a higher tolerance to the life style they are leading. Especially in the area of allergies they will find that after a certain period of time they will probably be able to return to eating alot of the foods they were allergic to before. This is often the case, with the exception of foods which are gradually becoming recognized as foods which are not good for us anyhow.*

*I hope this can help you in making your decision.*



**Important**

If you decide to do the test then you must stop taking all supplements for at least three days before taking the saliva sample. If not the results could be affected.



6. PLEASE LIST THE TYPES OF WORK YOU HAVE DONE AND LENGTH OF TIME FOR EACH.

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.....  
.....

7. HOW OLD IS THE HOUSE YOU LIVE IN? ..... YEARS.

Does it have galvanized, copper or plastic water pipes?

Do you live on or near a farm or horticultural land? Is your water mains, well, roof?

Do you get affected by gasses, vapors, and perfumes etc. YES/NO.

8. Are there any food or drinks you have or substances you come into contact with that affect you adversely or are allergic to?

.....  
.....

9. ARE YOU TAKING OR HAVE YOU TAKEN WITHIN LAST TWO MONTHS ANY SUPPLEMENTS E.G. VITAMINS MINERALS, HERBS, HOMEOPATHICS ETC?

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.....  
.....

10. WHAT DO YOU USUALLY EAT AND DRINK AT THE FOLLOWING MEALS.  
Please note if fresh or bought prepared.

Breakfast

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Mid Morning

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Lunch

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Mid Afternoon

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Dinner

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Supper

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11. DO YOU DRINK: PACKET OR READY PREPARED DRINKS (LIKE RARO, REFRESH, JUNGLE JUICE) YES/NO OR FIZZY DRINKS (COKE, PEPSI ETC) ALCOHOL IF YES WHAT TYPE?

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12. DO YOU SMOKE YES/NO IF YES HOW MANY A DAY APPROX.

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13. ANY OTHER RELEVANT INFORMATION.

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# HEALTH ANALYSIS

HEALTH STATUS P1 ( NZ )

Saliva TEST

Name:	0	Date of birth:	1-Jan-04
Address:	0	Sample Code:	0
	0	Test date:	1-Jan-04
Tel:	0	Test no.	0
Mobile:	0	E-Mail:	0

**Sample of Health Status Test**  
 This Test is a combination of  
 page 1: Body Function Test  
 page 2: Food Allergy Test

Numbering System	100 ~ 81	80 ~ 65	~ 66	65 ~ 0
Number Meaning	Of little Significance	Attention Needed	Attention Needed	Immediate Attention

PLEASE NOTE : The lower the number the more serious the medical condition.  
 When OK is indicated result is over 80 meaning of little significance.

ITEMS	
<b>SYSTEMS</b>	
Overall System State	0
Geopathic	0
Overacid System	0
D 6 D deficiency	0
Digestive Enzyme Deficiency	0
Pancreas	0
Liver	0
Adrenals	0
Immune System	0
Lymph System	0
Endocrine System	0
E M F	0
Functional Hypoglycaemia	0
Inflamed Intestines	0
Intestinal Yeast	0
Yeast general	0
Stomach Acid Excess	0
Stomach Acid Deficiency	0
Bacteria	0
Viruses	0
Essential Fatty Acids	0
Essential Amino Acids	0
Parasites/ Intestinal Fluke	0
Glyconutrient Deficiency	0
Emotional /Mental Body	0
Dehydration	0
Free radicals	0
Antioxidant Deficiency	0
Thyroid	0
<b>COLON</b>	0
Colon blockage faeces	0
Stress	0

**Explanations of the items tested and recommended treatments come with the results.**

ITEMS	NO
<b>MINERAL DEFICIENCY</b>	0
Calcium	0
Iron	0
Cadmium	0
Manganese	0
Zinc	0
Magnesium	0
Selenium	0
<b>VITAMIN DEFICIENCY</b>	0
Vitamin C	0
Vitamin E	0
Vitamin B1	0
Vitamin B2	0
Vitamin B6	0
Vitamin B12	0
<b>TOXIC METALS</b>	
Lead	0
Mercury	0
Zinc	
Aluminium	
<b>DAIRY</b>	
Cows Milk	
Butter	
Cheese	
Yoghurt	
Vitasoy	
<b>VEGETABLES</b>	
Tomato	
Soya Bean	
Potato	
Sweet Potato	
Cabbage	
Onion	

# HEALTH ANALYSIS

HEALTH STATUS P2 (NZ)

SALIVA TEST

NAME	
ADDRESS	
TEL	
FAX	

DATE OF BIRTH	
SAMPLE DATE	
TEST DATE	
TEST NO.	
E-MAIL	

Numbering System	100 ~ 81	80 ~ 76	75 ~ 66	65 ~ 0
Number Meaning	Of Little Significance	Attention Helpful	Attention Needed	Immediate Attention

When okay is indicated result is over 80 meaning of little significance.

ITEMS	NO
Banana	
Kiwi	
Grapes	
Raisins	
Sultanas	
Grapefruit	
Orange	
Mandarin	
Dried Apricots	
<b>ANIMAL</b>	
Beef	
Ham	
Pork	
Chicken	
Fish	
ShellFish	
Egg White	
Egg Yolk	
<b>CEREALS</b>	
Buckwheat	
Rye	
Barley	
Corn	
Wheat	
Brown Rice	
White Rice	
<b>DRINKS</b>	
Soft Drinks	
Coffee	
Wine	

ITEMS	NO
Black Tea	
Spirits	
Beer	
Coke	
<b>OTHERS</b>	
Cocoa	
Chocolate	
Vinegar	
Margarine	
Artificial Colours	
Artificial Preservatives	
Sugar	
Honey	
Milo	
Peanut Butter	
Animal Fats	
Olive Oil	
Safflower Oil	
Peanuts	
Almonds	
Yeast	
Vegemite	
M.S.G	
<b>TOXIC METALS</b>	
Lead	
Mercury	
Zinc	
Aluminium	
<b>COLON</b>	
Colon Blockage	

*If there are extra items you want tested then please write them down and they can be included at a charge of \$1-50per item*

# HEALTH ANALYSIS

## Heart

## Saliva Test

Name: 0  
 Address: 0  
 0  
 Tel: 0  
 Fax: 0

Date of birth: 0  
 Sample date: 0  
 Test date: 0  
 Test no. 0  
 E-Mail: 0

Numbering System	100 ~ 81	80 ~ 76	75 ~ 66	65 ~ 0
Number Meaning	Of little Significance	Attention helpfull	Attention Needed	Immediate Attention

PLEASE NOTE : The lower the number the more serious the medical condition.  
 When OK is indicated result is over 80 meaning of little significance.

Example of Heart test

ITEMS	NO	ITEMS	NO
heart		<b>heart meridian</b>	
heart muscles		overactive	
heart bacteria		underactive	
heart yeast		<b>kidney meridian</b>	
heart plaque		overactive	
heart inflammation		underactive	
coronary arteries			
heart lining inflammation		Above readings an indication	
coronary arterial plaque		of weak kidney energy	
coronary arterial inflammation		(water) failing to balance	Y N
coronary arterial lining		heart energy (fire) leading to	
coron. arterial lining inflammation		overactive/racing heart	
coronary arterial lining damage		condition that raises blood	
cor. arterial hardening/fracturing		pressure in some situations	
fibrin (excess in blood)			
Plasmin deficiency			
veins		Coenzyme Q10 Deficiency	
veins plaque			
<b>Heart</b>		<b>Cerebral blood vessels</b>	
yin expanded/dilated condition		damage	
excess yang contracted condition		overacid dilated condition	
overacid expanded dilated condition		yin expanded/dilated condition	
		yang contracted condition	
		blockage	
		Vessel wall weakness	
		(specified areas)	
		Plaque buildup	
Elevated cholesterol			
<b>Elevated cholesterol cause</b>			
Diet related			
Cholesterol overproduction (liver)			
Cholesterol production (for repair)			
Stress			

# TEST EXPLANATION

READ THIS DOCUMENT IF YOU WANT A BRIEF EXPLANATION OF THE MAIN ITEMS IN THE SALIVA TEST. More detailed information is provided with the test results.

## **THE HEALTH STATUS TEST:**

This test sets out to give an indication as to where the main problems, if any, are. More detailed tests may be necessary. This guide is written to help you understand the results of your Health Status Test. Obviously it cannot go into great depth and it may be that to gain more information you need to consult a practitioner. This guide is divided into sections and those that apply to you are marked with highlighter. Recommendations for treatment are marked on the enclosed "Treatment Sheet". This advice is supplied free of charge.

**SYSTEM OVERALL STATE:** Is a guide to the overall state of your body and mind and low figures indicate that problems exist.

**GEOPATHIC INFLUENCE:** It is hard to remain fit and well under this condition.

**OVERACID:** This refers to the balance of acid-alkali in your body fluids. Eating a high animal protein diet will often make the body more acid than it should be. Also allergic reactions produce acid in the body. It is difficult to be in good health if your body is over acid. Diet can improve this by eating foods high in Potassium such as vegetables, legumes, whole grains, dried fruits and sunflower seeds, is important.

**D-6-D.** This stands for Delta-6-Desaturase an enzyme that is important in producing anti-inflammatory hormones in the body. A deficiency in this enzyme, which usually is genetic and runs in families, often makes a person allergic. There also may be a tendency or predisposition towards certain conditions although this may not always be the case. This enzyme is important in Essential Fatty Acid usage. Non-drug treatments are available. Efamol is recommended as the best product to take. It can be particularly effective in Eczema, Hyperactivity and Pre-menstrual Syndrome [P.M.S] TREATMENT RECOMMENDED [see attached "TREATMENT SHEET"]

**ORGANS:** An assessment is given for some of the more important organs. The results are taken into consideration when making recommendations.

**E.M.F.** [Electromagnetic Field Forces.] Can disturb the body harmony.

**FUNCTIONAL HYPOGLYCAEMIA:** This refers to the level of blood sugar and in context of this test to the rate of change rather than the absolute levels. Swinging blood sugar levels are frequently associated with mood changes, tiredness, irritability and can exacerbate such conditions as Pre-menstrual Tension [P.M.S.] food allergies and M.E. It is necessary to remove all simple or refined sugars plus white flours from the diet and eat complex carbohydrates [unrefined grains, cereals and pulses] to stabilize the blood sugar. If all or any of the following; Chromium, Magnesium, Manganese, Zinc ' Vitamins B1, B2, B3, B5 are deficient this will make the situation worst. TREATMENT RECOMMENDED [see attached "TREATMENT SHEET"]

**INFLAMED INTESTINES:** under certain conditions the mucous membrane of the intestines breaks down and changes can take place on the intestine wall. Some people are more prone to this than others. If this happens then food reactions are more likely. TREATMENT RECOMMENDED [see attached "TREATMENT SHEET"].

**INTESTINAL YEAST - FUNGUS:** This is a Yeast infection, which is called CANDIDA [Thrush]. It is very common and can be caused by a number of things particularly by; Antibiotics, Oral Contraceptives, Radiotherapy and Chemotherapy. Wind, bloating, vaginal, anal irritation and allergies can be symptoms of this. It is possible using diet and certain types of non-drug treatments to reduce it to a minimum. Numerous treatments are available. The most applicable to you is indicated on the "TREATMENT SHEET". Diet forms an important part of the treatment of Candida. Some dietary information is given below. If you have Candida you need to know if you are allergic to yeast. This is tested for in the FOODS Section. This can be difficult to determine and you may need to consult a practitioner who is used to dealing with this condition. CONT.NEXT PAGE

## TEST EXPLANATION CONT.

INTESTINAL YEAST - FUNGUS [Contl Lists of yeast containing foods are available. If you are NOT allergic to Yeasts and have Candida then you can eat foods containing yeast, which have been cooked. You should not eat any foods containing or having on their surface live yeast. EXCLUDE ALL REFINED SUGAR AND REFINED CARBOHYDRATE FROM THE DIET. If you have dentures it is most important to clean them after every meal as Candida can grow very quickly between the gums and the denture. TREATMENT RECOMMENDED [See attached "TREATMENT SHEET"].

STOMACH ACID - DIGESTIVE ENZYMES [DIGESTION]: If you are low in stomach [shown as a deficiency then taking one to two tps of Cider Vinegar in a small amount of water immediately before eating will often help. You can also use Orthoplex Hydrosomes, which will increase stomach acid. These are particularly useful if you are low in Protein Enzymes. In general as we get older we tend to lose the ability to produce sufficient Digestive Enzymes or we may have been born with a reduced capacity to produce them. A lack of Digestive Enzymes can often contribute quite significantly to allergies. Very often taking Enzymes before and or during meals will help to alleviate abdominal discomfort and ensuring allergic reactions. Be careful to get the exact Enzymes recommended. Vegetable derived Enzymes are the ones usually recommended.

If you have a Peptic Ulcer be careful that you do not take Enzymes containing Hydrochloric Acid, Glutamic Acid or Betaine Hydrochloride - such as Hydrozymes [READ THE LABEL CAREFULLY]. TREATMENT RECOMMENDED [See attached "TREATMENT SHEET"].

HUMAN INTESTINAL FLUKE: This is a parasite which although known to the medical field has not been considered a problem until recently. Research by Hulda Clark shows eliminating this parasite can bring about large changes in health when combined with other measures mentioned in these tests.

The main cause of the increase of the parasite is from absorbing Propyl Alcohol and many of its derivatives, Isopropyl, Propanal, Sopropanol etc] into our body. It seems that the solvent effect of these chemicals are enough to dissolve the eggshells of the parasite, which would otherwise pass naturally through the system without hatching. Once the eggshell is dissolved the parasite hatches prematurely and starts to infest the body. Avoid shampoos, soaps, foods and drinks, which contain these types of alcohol.

MINERAL - VITAMIN DEFICIENCIES: Vitamins minerals are required to help run the Biochemical reactions in the body. These micronutrients can also be used as therapeutic agents in their own right to fight disease. Most of us cannot make vitamins in the body and we need to get the vitamins and minerals from our food we eat. Unfortunately when food is processed many of the vitamins and minerals are destroyed. To correct this we need to take supplements. The test shows whether taking the substance would be advantageous. The treatment sheet shows whether it is recommended you take a supplement. Also you should eat foods high in that substance. TREATMENT RECOMMENDED [See attached "Treatment Sheet"].

### FOODS

Those foods, which show a number between 75 - 65 should only be eaten once a week. Those under 65 much progress can be made by not eating them at all until the reading has come up around 70. Be careful to read labels to see what food contains. For example Tomato Sauce contains not only tomatoes but also sugar, vinegar and possibly artificial preservatives, flavourings, and colourings. It maybe possible to lose the main allergies after a while of abstaining from them, then it can sometimes be possible to eat the food once every week or 10 days. Also reactions around 75 - 80 can be lost after progress in health has been made and then they can be eaten quite frequently after that. A retest is suggested after 6 - 8 weeks.

Keep in mind that cutting out the foods you like can create stress. Especially with children a balance needs to be found where the stress of cutting the food out is not causing more harm than the food reaction.

Keep in mind also that a lot of allergies have an emotional base. Some say that some allergic foods are the ones you ate while going through an emotional trauma. The food triggers a sub-conscious memory of that trauma.

## Brian Dodds

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- \* Colonic Cleansing Systems
- \* Medical Research

# Saliva Tests

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7183 New Zealand  
Tel: 64 3 525-9904  
Fax: 64 3 525 7277

www.fullregeneration.com

Authorized Distributor: Colema Boards of California

E-mail [doddsbr@nmb.quik.co.nz](mailto:doddsbr@nmb.quik.co.nz)

### Health Status Test ..... \$220

A general test for allergies in foods commonly eaten. Also includes Body systems, Vitamins, Minerals, toxic metals, Parasites, Candida etc. This is a comprehensive test giving an overall picture of the health condition and is the test chosen by most clients. Extra items of your own choice can be added at \$1-00 per item.

Other option is to test your choice of items at the hourly rate. The full Health Status test takes a little over 2 hours.

### Heart Test ..... \$100

This test gives a detailed report on the condition of the heart and the arteries.

### Heart & Body System Test ..... \$200

This test gives a detailed report on the condition of the heart and the other Body systems including Vitamins, Minerals, toxic metals, Parasites, Candida etc.

### Colon & Body System Test ..... \$110

This test gives a report on the condition of the colon and the other Body systems including Vitamins, Minerals, toxic metals, Parasites, Candida etc.

### Organ Test .....\$100

This test covers the main organs of the body and gives readings on their condition.

New Zealand Flower Essences (New Perception) 70 tested .....\$85 including Remedy. This test shows which Flower Essences are most needed. By reading the explanations of the essences one can get an overall picture of the emotional condition of that person. Very successful for children when changes in life make it difficult to cope.

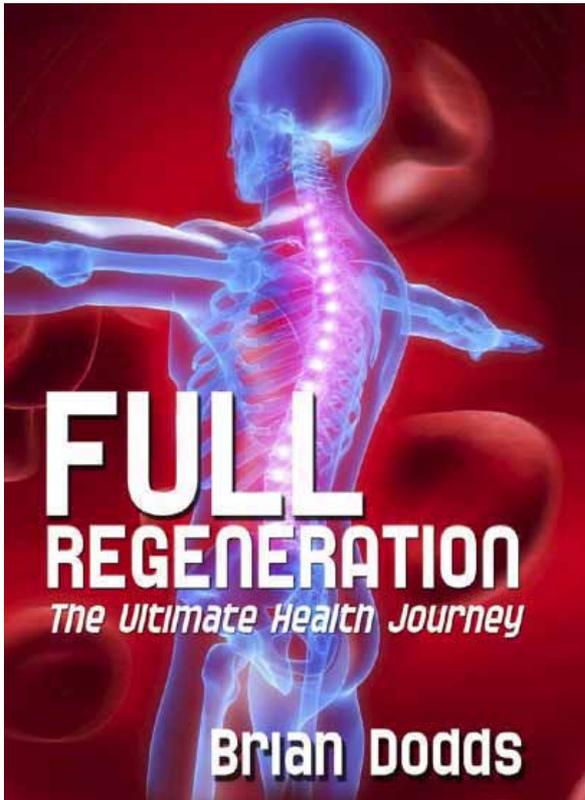
Other Tests Include : Full tests on Toxic Metals, vitamins, minerals and Chakras etc. are available on request.

Testing .....\$85 per hour or part there of.

Consultations .....\$85 per hour or part there of.

Return with payment: Visa, Mastercard or cheque to above address and results can normally be sent within 21 days.

Note An explanation of your symptoms would be helpful. Especially if these areas are to be checked in closer detail.



This book is an account of my research and development since my own health brought me into this field 25 years ago. Covers a large range of modalities from basic nutrition through to reprogramming of the DNA.

**Price \$39 incl.  
postage in NZ**

[www.fullregeneration.com](http://www.fullregeneration.com)

I have enclosed a money order /cheque

Total amount \$ .....

Name on card .....

Please charge my **Visa**  **Mastercard**

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**EXPIRES**

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**SIGNATURE** .....

Payment can be made by cheque, money order, credit card or by depositing the funds in my bank account direct. Please write name in reference box.

Bank Account  
Kiwi Bank, Takaka branch

**38-9017-0140238-00**